

December 2025

Help to keep
children
safe online

Techosaurus

The NSPCC have created Techosaurus, a friendly dinosaur to assist you in having chats with your child about online safety. It is aimed at younger children and includes a book and activity pack (both chargeable). You can find out more here:

<https://www.nspcc.org.uk/advice-forfamilies/techosaurus/>



Ollee - your virtual friend

Parent Zone have created 'Ollee,' a virtual friend that asks your child how they are feeling and provides ideas and advice to help. Ollee is aimed at 8-11 year olds. You are also able to use the app to find advice around any issues that you think your child might be having. You can find out more here:

<https://parentzone.org.uk/Ollee>

Online Safety Newsletter



New Technology

As some children may be receiving new technology or related games at Christmas, here is a quick reminder of the importance of setting up appropriate parental controls.



Games/Consoles

- Check age ratings: look at the PEGI rating of any new games. *Remember, PEGI rates the gameplay so whilst it is important to review age ratings, you must also check to see if it has any communication elements.*
- If a game does allow your child to communicate with others, then adjust or disable the settings as appropriate to your child.
- On the device itself, set up applicable controls such as restricting spending limits. Follow the links below to find out how to set up Parental Controls for popular devices here:

Xbox: <https://www.xbox.com/en-GB/family-hub>

PS5: <https://www.playstation.com/en-gb/support/account/ps5-parentalcontrols-spending-limits/>

Nintendo Switch:

<https://www.nintendo.com/en-gb/Hardware/Nintendo-Switch-Parental-Controls/Nintendo-Switch-2-Nintendo-Switch-Parental-Controls-2873385.html>

Tablets/Smart phones

Set up parental controls on the device to prevent purchases, restrict content viewed and adjust privacy settings. Furthermore, remember to check any apps your child requests to check that they are suitable for their age. Follow the links below to find out more:

iPhones/iPad: <https://support.apple.com/en-gb/105121>

Android Device: <https://support.google.com/googleplay/answer/1075738>

Further information

<https://www.internetmatters.org/parental-controls/>

The Safety-First Smartphone

The Other phone is a new smartphone, which includes "SafetyMode" software. The software automatically blocks nudity, profanity, and bullying language in real time. You can find out more here: <https://otherphone.co.uk/>. Smart Phone Free Childhood also list some alternatives that you could consider here: <https://www.smartphonefreechildhood.org/alternatives>. Please note, that the inclusion of these models does not constitute an endorsement or recommendation. While these devices may provide a 'safer' alternative to traditional smartphones, there are still potential risks associated with children using any type of phone.

CapCut

CapCut is a video editing app. Their services are intended for those over the age of 13 (those under the age of 18 must have consent from their parent/legal guardian). It is rated as 13+ on the App store.

What can I do on CapCut?

CapCut is used as a video and image editing tool allowing users to edit their videos/ images as well as add music, sound effects, text and stickers.

What should I be aware of?

- The templates are user generated, therefore they may not always be appropriate for your child to view, for example may contain adult themes.
- CapCut includes access to a library of music that can be used within videos that may include explicit lyrics.
- Premium content
- CapCut does include in-app purchases/monthly subscriptions to allow users access to premium content.

Further information:

Internet Matters have created this useful guide:

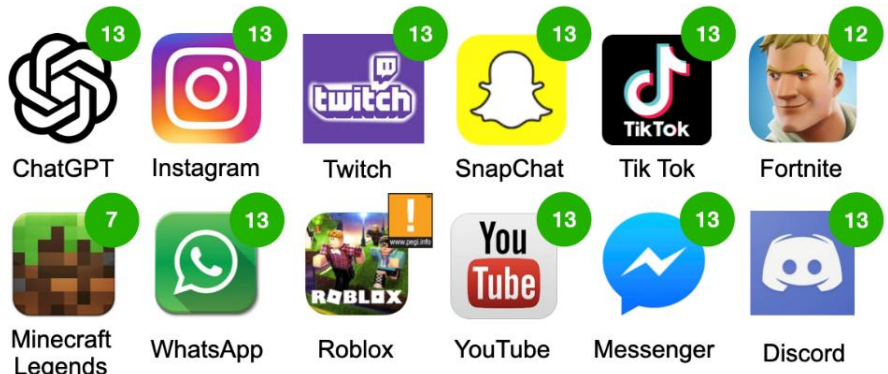
<https://www.internetmatters.org/advice/apps-and-platforms/skillsbuilding/capcut/>

Get to know Age Ratings

Age ratings exist to help protect your child by showing whether content is suitable for your child's age. Whether your child is viewing films, accessing apps, playing games online or using social media– make sure you check the age rating first to see if your child is old enough.

Popular apps and their age ratings

Here are the age ratings of some of the more popular apps that young people are currently accessing.



For users under 18, a parent or legal guardian's permission may be required to use the service

In addition to checking the age rating, the likes of PEGI (Pan European Game Information) provide further content descriptors, which will give you an indication of the type of content that your child might encounter e.g. violence or bad language within a game.

What else should I review?

It is important to note that whilst age ratings do allow you to see if something may be appropriate for your child, **it is also vital to review the content yourself**. This will allow you to make an informed decision as to whether it is suitable for your child to access and if it is necessary to apply further parental controls. For example, does it include the ability to communicate with others and are in game/app purchases available?

What else can I do?

- Explain the importance of age ratings to your child and how they protect them.
- Go online together to see what your child is accessing.
- Set up parental controls on your broadband, devices and on any individual apps that your child is using. This will reduce the chances of them accessing or viewing anything unsuitable.
- Chat to your child regularly about what they are doing online and remind your child that if anything is worrying them then they should talk to you or another trusted adult.

Further information

You can find out more here:

<https://parentzone.org.uk/article/age-ratings>

Online Roasting

Have you heard of this term? It has been around a while now, but Online Roasting refers to a form of cyberbullying. Roasting typically involves making fun and insulting somebody, sometimes with their consent and other times not.

What can I do?

- Talk to your child about what online roasting is, ask them if they have ever experienced it and what they think about it.
- If this has negatively impacted your child then save any evidence and involve the school (if appropriate). Childline also offer further advice and support in relation to cyberbullying.

Further information

Find out more here:

<https://www.bark.us/blog/online-roasting-signs-cyberbullying/>



Roblox

Following a recent ITV investigation, which found extremist content on Roblox, we thought we would provide a reminder of what you need to be aware of.

Roblox is a platform consisting of a collection of games. Players can either create games or play games that other users have created. It is free to download (however subscription options and in game/app purchases are available) and can be played across numerous devices. **A lot of the content is user generated, which means not all games will be suitable for your child to view/play.** If your child is playing Roblox, it is important to monitor what your child is accessing and set up appropriate parental controls. **PEGI rate Roblox with a Parental Guidance label, this is because it is considered a platform with a huge level of user generated content.**



What should I be aware of?

Game content – as mentioned, users create games so the content/themes may not be appropriate for your child. Roblox label content based on the type of content rather than by age. The labels are Minimal, Mild, Moderate and Restricted.

Chat Facility - Players can chat with each other (users under the age of 13 need parent permission to access certain chat features though). You can turn communication off completely or add restrictions, such as only able to communicate with friends.

Virtual Currency - Players can buy Robux (their virtual currency) to buy ingame upgrades or accessories.

How do I report abuse and block users?

This article outlines the different reporting facilities:

<https://en.help.roblox.com/hc/en-us/articles/203312410-How-to-Report-Rule-Violations>

What else can I do?

Chat to your child regularly about what they are doing online and remind your child that if anything is worrying them, then they should talk to you or another trusted adult.

Further information

<https://parentzone.org.uk/article/roblox>

Zip it, Block it, Flag it is the Online Safety message that The Weald Federation share with children alongside SMART rules for being safe online. Please take the time to look at these key messages and go over these with your children at home.

